STILETTO AGENCY

Performance Coaching for Corporations

In addition to the Situation Awareness Specialist® Certification Program and other training programs, Shelley is now certified in Professional Performance Coaching. Accredited by SourcePoint, this certification allows Shelley to work with individuals and organizations over 10 weeks to create deep self-awareness and effective actions to create positive change.

Purpose

Declared based on the team's needs, but coaching sessions help turn big, abstract ideas into action, problems into solutions, and much more.

Products & Outcomes

- Clarity around current challenges
- Awareness of obstacles
- Shift in mindset
- Commitment to taking action
- Measurable results

Structure

10, one-hour sessions over 10 weeks. The coaching relationship will end at the completion of each 10-week session if the client believes that they are prepared to pursue their new mindset. Otherwise, the relationship will continue for additional 10-week engagements.

Communication

One hour per week either in-person, via Zoom or by phone; depending on communication needed each session. Intake and final session will be in-person (unless otherwise discussed).

Session Content

Custom-designed practices, exercises, and readings are provided each session.

Additional Support

As needed or requested by the client.

Cost

Cost for coaching includes sessions, materials shared, e-mail communication and support. Contact us today to put together your customized package.

Shelley Klingerman

Author · Speaker · Coaching

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