# **Shelley Klingerman**

Stiletto Agency



### PREPARE • PREVENT • PROTECT

Shelley Klingerman is a successful entrepreneur, author, marketing professional, and documentary film producer who empowers women to take control over their personal safety.

After working on her film, *Terror in American Schools: Are Your Kids Safe?*, Klingerman began to understand the need to be vigilant and aware of her surroundings in every day situations. This sparked a passion to help others learn what they should be aware of when traveling and living their day-to-day lives, and how they can prepare and protect themselves. She shared her insights in her book, *Vigilance: The Savvy Woman's Guide to Personal Safety, Self-Protection Measures, and Countermeasures.* 

Shelley is available for speaking engagements, workshops, and experiential learning programs (where she partners with law enforcement and military trainers to deliver an immersive experience in her Prepare-Prevent-Protect philosophy of personal safety).

Vigilance: The Savvy Woman's Guide to Personal Safety, Self-Protection Measures, and Countermeasures empowers women to develop the situational awareness and warrior mindset to avoid being victimized — and urges them to model safe behavior and pass it along to loved ones. It unpacks the emotional, mental and physical preparation critical to dissuading predators, and offers self-defense strategies to fend them off should they attack. You'll learn how to layer your self-protection measures and apply them to everyday situations, from air travel to riding in an Uber, from choosing a seat in a restaurant to checking into a hotel. You'll discover practical safety tips on walking with purpose and confidence, visualizing and rehearsing a crisis response well before a crisis occurs and, yes, understanding how to be a hostage who makes it out alive. Your guides include many top law-enforcement, self-defense and counter-terrorism officials who shared their experience and expertise with me to help you along this journey to Prepare, Prevent and Protect.



Let's Connect!

Visit stilettoagency.com

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## Speaking & Personal Safety Training Programs

#### **TRAINING**

Shelley offers a variety of training programs and workshops for corporations, organizations, and individuals, where she partners with law enforcement and military trainers to deliver an immersive experience in her Prepare-Prevent-Protect philosophy of personal safety.

#### **SPEAKING**

Shelley is available for speaking engagements for corporate or keynote presentations. customizing her topics and resources while also collaborating with partners to create useful content for everyone in attendance.

#### **PROGRAMS**

Prepare. Prevent. Protect. Shelley creates resources and programs designed to lead others in taking control of their personal safety in everyday situations and crisis scenarios.

- Everyday Vigilance Basics
- · Vigilance on the Road
- Mindfully Vigilant: The Essential Elements Everyone Needs to Know to Stay Safe
- More than Pepper Spray and The Buddy System: Staying Vigilant on Campus
- Situation Awareness Specialist® Training & Certification

Featured in The New York Times, Vigilance: The Savvy Woman's Guide to Personal Safety. Self-Protection Measures, and Countermeasures empowers women to develop the situational awareness and warrior mindset to avoid being victimized – and urges them to model safe behavior and pass it along to loved ones.

Appeared in

The New Hork Times

Available on

amazon





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